

Lectures and Workshops

*Offerings from Cathy Wiggins to help you
enjoy your creative experience.*

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Overview

Welcome to the fun, inspiring, and creative world of Cathy Wiggins! Cathy's joy is teaching and inspiring others to pursue their creative passion. A diverse teacher, Cathy offers a wide range of educational options from hands-on demonstrations, lectures and workshops for guilds and shows, to lectures tailored for large venue keynote addresses.

While some of Cathy's offerings have a recommended class size or specific work space requirements, most can be tailored to fit your particular needs. Per your request, lectures can be shortened and workshops can be streamlined to fit your needs. So if the descriptions that follow are not quite what you have in mind, please don't hesitate to contact Cathy to see what can be done to make your event perfect.

Cathy offers four types of events:

- **Lectures** – Ideal for audiences and venues of all sizes. 1 to 2 hours in length.
- **Hands-on Demonstrations** – Range from quilting demonstrations on longarm machines to piecing techniques on domestic machines to painting and shading techniques. 2 hours in length.
- **Workshops** – Designed to give students the opportunity to learn something new to further their creative experiences through doing. Includes piecing, painting, design, career development, and more. 3 hours to multi-day retreats.
- **Quilting with Machines** – Use domestic or longarm machines to learn various techniques Cathy uses in her award-winning quilts. 4 to 6 hours.

In the following description of each offering, the ideal audience size, student count, and time recommendations are listed. Any special facility requirements, such as protective coverings for painting classes, supply lists, kit fees and any pre-orders are also included.

Most classes have an accompanying handout or workbook. Cathy produces high quality, color, wire-bound workbooks. All handouts and workbooks for sale are optional but highly recommended. Aimed to alleviate note taking, they contain information Cathy covers her lectures and workshops.

After reading through the following descriptions you still do not find the type of lecture or workshop you are looking for, contact Cathy to see if she would consider developing a unique program for your event.

Lectures

Offering a wide variety of lectures, Cathy knows what it takes to interact with a small, intimate gathering of 20 or engage an audience of 500 or more. Most lectures are done with PowerPoint presentations complete filled with style, pictures and animation to keep the audience engaged, intrigued and wanting more. Although each presentation varies in length, all can be tailored for fit into a 45 minute, 1 hour, 1 ½ hour, or 2 hour time slots.

Cathy's lectures are divided into five categories to suit your event:

- **Design** – Focuses on topics to enhance the creative design process.
- **Quilting** – Focuses on the quilting stage of the creative process, for both domestic and longarm machine quilters.
- **Keynotes** – Lectures geared for large venue audiences, luncheons, opening addresses and guild meetings.

Design

Unlocking Inspiration for Quilts and Quilting

How many times have you asked an artist, "Where did you get that idea?" and the answer was something like, "Oh, it just came to me." This may lead you to think those kind of ideas never come to you, when, in fact, they do all of the time. Inspirations come from everywhere. We just need to learn how to recognize them, remember them and use them. Come learn the secrets to capturing inspirations and ideas and then turning them into award winning quilts.

Quilting

Why Quilts Win - What makes a quilt a show winner

In this lecture, Cathy shares her years of experience as a competition quilter, a judging room manager and a judge. Having competed and won in all the top shows in the country and recognized as one of the top judges, she tells you like it is when it comes to competition on today's show circuit. Learn to look at quilts from the judge's perspective. See what makes a dynamic design that catches the judge's eye. Discover the key points to achieve a perfect workmanship score. Learn what actually goes on in the judging room. You'll leave with a new way of viewing quilts.

Quilting Art Quilts

Art quilts can be challenging to quilt with their complex compositions and their unconventional construction. Learn the secrets of quilting everything from fused appliqué, to painted surfaces and unusual fabrics. You will see how to add texture and dimension to everything from landscapes and pictorials to abstracts. Bring your own tops to discuss time permitting.

Quilting Leather

Art quilts can be challenging to quilt with their complex compositions and their unconventional construction. Learn the secrets of quilting everything from fused appliqué, to painted surfaces and unusual fabrics. You will see how to add texture and dimension to everything from landscapes and pictorials to abstracts. Bring your own tops to discuss time permitting.

Keynote

Depending on the size of the audience, any of the previously listed lectures could be a perfect fit for your venue and audience. In the event where something unique and special is needed, Cathy offers two feature lectures that are designed for a larger, more diverse audience.

A Quilter's Inspiration

Through a fun and interactive presentation, Cathy entertains the audience with humor, wit and a touch of southern charm while teaching the audience how to find their own source of creative inspiration. With Cathy's guidance, the audience will have fun learning, laughing at their compulsive behavior of collecting thread, tendency to hoard fabric and refusal to throw away those quilting magazines they have had for years

Quilts that Make Us Smile

Through the use of lecture, PowerPoint presentation and her own 'Just for Fun' show quilts, Cathy amuses the audience and touches to inner child in all of us. Bringing back the lost fun of Funny Papers, coloring books, mazes and more, she reminds us all that it ok to laugh, create and sometimes, be a child again.

The Evolution of an Artist

When Cathy bought her first sewing machine fifteen years ago, she never dreamed she'd become the internationally known quilt artist she is today. She began her quilting journey just like many of us, piecing traditional quilt tops but that didn't last long. Soon she was venturing out, creating her own techniques, developing patterns, writing books and traveling the world teaching. She's worked with fusibles, fabrics, embroidery, beading, painting and now leathers to create her award-winning quilts. It has been a journey, taken one stitch at a time, with courage, determination and the ability to push the quilting world envelope by introducing cutting edge techniques into competition quilting. Come join Cathy as she shows us how it's possible to evolve as an artist while, simultaneously, introduce change in an industry.

Hands-on Demonstrations

Cathy's hands-on demonstrations are designed to introduce a larger audience to a new technique or style of quilting. Usually fitting into a two hour time slot, these include a combination of lecture, presentation and demonstrations of the technique on the sewing machine or with the actual supplies needed..

Cathy's machine hands-on demonstrations are presented using either a longarm sewing machine or a domestic sewing machine. Although she owns an APQS Millennium longarm and Viking sewing machines, she is comfortable offering her demonstrations on any type of machine as long as there is someone available to service the machines if needed.

Longarm Sewing Machine

These demonstrations are best presented with a camera and projector for larger audiences. Smaller audiences can just gather around the machine while Cathy works her magic.

Pictorial Quilting

Just like on any other quilt top, quilting can make or break a pictorial quilt. Cathy shows you how to successfully quilt texture into those landscapes, animals, plants and even people. See Cathy make a barn door look just like wood planks, a mermaid's hair flow and her tail appear scaled. Quilting water, sky, grass and even skin, Cathy demonstrates how the pros add quilting to make pictorial quilts come alive.

Pictorial Fillers

Knowing the perfect background fillers for a quilt is just as important as the rest of the quilting design and finding background fillers for pictorial quilts are even more difficult due to the many textures in the design. Finding the right design and scale of fillers is crucial to complement the pictorial elements, not compete with them. Come learn a basic set of fillers that, with slight alterations in scale and design, can work perfectly on your next pictorial quilt.

Workshops

Cathy offers a wide variety of workshops designed for quilters of all levels of experience. In order to provide personalized attention to each student, the ideal maximum number of students and recommended workspace each student is listed in the descriptions.

Cathy believes it is important to work with the right supplies and materials to get the most out of her workshops so specific supplies are listed in the descriptions.

- **Supply List** – Supplies students are to bring to class
- **Kit Fee** – Fees for supplies provided by teacher upon coming to the class
- **Optional Kit** – Some workshops offer an optional pre-purchased kit meant to eliminate the need for students to bring supplies to the workshop.

Unlocking Inspiration for Quilts and Quilting

How many times have you asked an artist, “Where did you get that idea?” and the answer was something like, “Oh, it just came to me.” This may lead you to think those kind of ideas never come to you, when, in fact, they do all of the time. Inspirations come from everywhere. We just need to learn how to recognize them, remember them and use them. Come learn the secrets to capturing inspirations and ideas and then turning them into award winning quilts.

Supply List – Three quilting magazines, three other magazines containing pictures of some kind, paper scissors, box of 64 crayons, glue stick, and pencil

Kit Fee – \$25 (contents: a 9x12 hardbound journal, workbook, construction paper, and other miscellaneous supplies)

Optional Kit - none

Classroom requirements – None

Maximum Student Count – 30

Workshop Length – 3 hours

Handout – included in kit

Quilting with Machines

Any of these hands-on workshops can be taught on longarm machines or on domestic table top machines.

Note: When offering these workshops on longarm machines, I prefer to have one person per machine head. If two people will be sharing machines then the workshop should be offered as a full day to maintain student satisfaction. I have found that sharing of machines in a 4 hour class does not allow students enough machine time.

Fun with Art Pictorial Quilting

Just like on any other quilt top, quilting can make or break a pictorial quilt. Cathy shows you how to successfully quilt texture into those landscapes, animals, plants and even people. Learn how to make a barn door look just like wood planks, a mermaid's hair flow and her tail appear scaled. Quilting water, sky, grass and even skin, you will walk away with the knowledge of how the pros add quilting to make pictorial quilts come alive.

Supply List – muslin for top and back (approximately 48x60), batting, top thread, pre-round bobbins, blue washout markers, scissors

Kit Fee – none

Optional Kit - \$40 (includes: top and back fabric, thread, bobbin thread, batting) should be ordered before workshop

Classroom requirements – machines

Maximum Student Count – one student pre machine preferred

Workshop Length – 4 hours (6 hours if the machine is shared)

Handout – \$25 workbook (optional)

Discover 'YOUR' Quilting Style

The secret to successful quilting is finding YOUR own unique style. In this workshop Cathy will guild you through a series of exercises designed to help you find your own style. Once you have indentified your style, Cathy will show you how to change, build upon, and manipulate your style to fill most of your quilting needs. This is a fun workshop that will be sure to make your quilting experience easier and your creativity soar.

Supply List – muslin for top and back (approximately 48x60), batting, top thread, pre-round bobbins, blue washout markers, scissors

Kit Fee – none

Optional Kit - \$40 (includes: top and back fabric, thread, bobbin thread, batting) should be ordered before workshop

Classroom requirements – machines

Maximum Student Count – one student pre machine preferred

Workshop Length – 4 hours (6 hours if machine is shared)

Handout – none

Quilting Leather. Who Knew?

Come join Cathy and give quilting leather a try. This is your chance to learn from the pioneer of quilting leather and take the fear out of creating with this new medium. Cathy shares all the basics and guides you through completing your own leather panels that can be used for journal covers, a tote panel or even the back of a garment.

Supply List – scissors, quilting designs (designs will be available)

Kit Fee – \$50 (includes leather, batting, backing, thread, bobbins, leather marking supplies)

Optional Kit - \$40 additional leather

Classroom requirements – machines

Maximum Student Count – one student pre machine preferred

Workshop Length – 4 hours (6 hours if machine is shared)

Handout – none

Leather, Quilting, Dyes and More...

Join Cathy in this two-part, hands-on class all about quilting on leather. The first part is all about quilting and the second part is all about shading and painting. The class begins with Cathy explaining everything you need to know about quilting leather. After a bit of practice, students will quilt their first leather art piece. Once quilted, then students will explore leather dyes to bring the piece to life.

Supply List – scissors, quilting designs (designs will be available)

Kit Fee – \$75 (includes leather, batting, backing, thread, bobbins, leather marking supplies, dyes)

Optional Kit - \$40 additional leather

Classroom requirements – machines

Maximum Student Count – one student pre machine preferred

Workshop Length – 6 hours

Handout – none

No-Sew Leather Bags...

Join Cathy for a day of creating bags, totes, belt bags, and more. The day will start with Cathy helping you explore pattern possibilities and basic bag construction using rivets, hand lacing, grommets and more, but no sewing machine. Then you'll be off designing and creating your unique, one-of-a-kind bag.

Supply List – none

Kit Fee – \$75 (includes leather and hardware for one bag)

Optional Kit - \$40+ additional leather

Classroom requirements – table space to work

Maximum Student Count – 20

Workshop Length – 6 hours

Handout – none

Pricing

Lectures:

- 1 hour - \$350
- 2 hour - \$500
- Keynote - \$800

Workshops:

- 3 hour - \$625
- 6 hour - \$1200

Hands-on Demonstrations:

- 2 hour - \$500

Quilting Workshops (contracts can be on a per students basis or per workshop basis)

- 4 hours - \$100 per student/\$800 per workshop
- 6 hours - \$150 per student/\$1500 per workshop

In addition to the above fees, all travel, lodging, food and shipping expenses must be covered. Detailed receipts will be submitted with the event invoice. Payment due at the time of services.

Pricing is for all events booked before April 1, 2017.

About Cathy Wiggins

Cathy Wiggins is a self-taught quilter who truly loves sharing her passion with others through teaching, lecturing, and judging. In 2003, after 20+ years in the telecommunications industry, she gave up the corporate world to become a quilter. Cathy has several published books on her whimsical techniques, has been featured in virtually all of the well-known quilting magazines, and has filmed numerous quilting television shows. More recently, she has turned her focus to leather and is pioneering the art of quilting on leather with the launch of her own leather line for the home sewer. In the last two years, she has had multiple solo exhibitions of her artistic creations throughout the country including IQA Houston, Road to California and MQX to name a few. In early 2016, MQX Quilt Festivals honored Cathy for her innovation and pioneering spirit by creating a new award category entitled, "New Traditions in Textiles, the Cathy Wiggins Award"

Cathy lives on beautiful Lake Gaston, located on the North Carolina/Virginia border, with her husband, Randy, daughter Olivia and their dogs, Stella, Walter and Eleanor.

Judging Highlights

Cathy also spends part of her time traveling the country judging quilt shows and events. She has extensive experience in judging rooms at both national level and international. Contact Cathy for more information on fees and schedule.

Solo exhibitions include-

- Retrospect exhibition covering 15 years of quilting at the 2015 Machine Quilting Expo
- Feature Artist at the 2016 Road to California Quilt show
- Just for Fun exhibition at the 2016 Mid-Atlantic Quilt Festival
- Cowboys, Horses, Quilting and Leather exhibition at the 2016 IQA Houston Quilt Festival.

Please contact Cathy at:

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